

FEBRUARY 1st and 2nd HIGHLAND WORKSHOP SERIES Featuring TONY CARGILL

Tony Cargill is a 4-time World Champion, (Juvenile, Junior and Adult) originally from Scotland and now lives in Pitt Meadows, BC coaching high performance soccer. He started Highland when he was 5 and retired from competing at 22. Tony is a member of SDTA and teaches regularly.

LOCATION FOR ALL WORKSHOPS: Asper Centre for Theatre and Film University of Winnipeg (400 Colony Street-parking and access off Balmoral) [U of W Parking Map](#)

SATURDAY, FEBRUARY 1ST

Tony will lead the boys through a two hour dance session Saturday. All ages and levels are welcome (must be well versed in the fling) and will receive a high level workout with the emphasis on technique and camaraderie. Pizza party with Tony to follow. **COST \$35**

SUNDAY, FEBRUARY 2ND

SENIOR & JUNIOR (12+) CHAMPIONSHIP WORKSHOP 9:00-11:00 DANCE STUDIO

Championship Steps for 2020. **COST \$30**

JUVENILE (under 12) CHAMPIONSHIP WORKSHOP 11:00-13:00 DANCE STUDIO

Championship Steps for 2020. **COST \$30**

Note: Intermediate dancers able to do championship steps can register for juvenile championship class. Classes will be determined by registration numbers and are subject to change.

PRE-PREMIER HIGHLAND WORKSHOP 13:30-15:00 DANCE STUDIO

All ages welcome to participate in this highland class with Tony! Must be fully versed in the fling. **COST \$30**

MINDFUL YOGA WITH HELEN MAUPIN 10:00-11:00 WORKSHOP STUDIO

Helen is a published author and trains teachers as well as practitioners. Focus will be on opening and stabilizing hips, shoulders, rib cage and chest. **COST \$20 OR FREE WITH DANCER REGISTRATION**

Note: Suitable for all levels. BRING YOUR YOGA MAT!! [About Helen Maupin](#)

PLANNING FOR YOUR FUTURE 11:00-13:00 WORKSHOP STUDIO

Dr. Christine Watson, Vice President of RRC since July 2016 has worked in senior administration, leadership, teaching and research for the last 20 years. What are your dreams and goals for the future? In this interactive workshop, parents and students will be led through a series of interactive activities to explore a variety of educational /career paths. With experience world-wide, Dr. Watson can provide invaluable information regardless of whether you are still in school or are thinking about re-training for a new career. Parents may attend for free with dancers. **COST \$20 or FREE WITH DANCER REGISTRATION**

COSTUME EXCHANGE and PARENT SHARING SESSION

Session will be provided based on interest. Indicate on registration. **COST FREE**

Q&A WITH TONY CARGILL 15:00-15:30 Do you have a question for Tony? Please e-mail all questions to: boysmentorship@outlook.com asap so Tony can make good use of time. Depending on the volume of questions, we may not get to all but will make the effort! **COST FREE WITH DANCER REGISTRATION**

REGISTRATION

****NO ENTRIES ACCEPTED AFTER 11:59 pm JANUARY 29,2020***

ALL WORKSHOPS ARE SET BUT ARE SUBJECT TO CHANGE WITHOUT NOTICE. NO REFUNDS.

PARENT/GUARDIAN NAME:	
DANCER 1 NAME:	
BIRTHDATE: (year/month/day)	
DANCER 2 NAME:	
BIRTHDATE: (year/month/day)	
DANCER 3 NAME:	
BIRTHDATE: (year/month/day)	
MAILING ADDRESS:	STREET
	CITY/PROV
	POST CODE
PHONE:	EMAIL:
TEACHER/DANCE SCHOOL:	

WORKSHOP CHOICES: *PLEASE INDICATE ALL THAT APPLYIF MORE THAN ONE DANCER, PLEASE USE CORRESPONDING ABOVE NUMBERS**

SATURDAY

BOYS MENTORSHIP 13:00-15:00	PIZZA PARTY WITH TONY
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SUNDAY DANCE STUDIO

SENIOR & JUNIOR CLASS (9-11:00)	JUVENILE CHAMP CLASS (11-13:00)
PRE-PREMIER HIGHLAND (13:30-15:00)	Q&A WITH TONY

SUNDAY WORKSHOP STUDIO

YOGA WITH HELEN (10-11:00)	CAREER/EDUCATION WORKSHOP (11-13:00)
COSTUME EXCHANGE	

DRAW FOR HALF-HOUR PRIVATE LESSON WITH TONY

INDICATE HERE TO BE ENTERED INTO DRAW

All participants indicated above must accept the Waiver and Release

In consideration of accepting this registration, I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against the Boys Mentorship Highland Dance Program, MHDA and its agents, representatives, successors and assignees for any and all injuries under my custody, control or guardianship at any and all voluntary events or activities sponsored by BMHDP and/or MHDA. A parent or guardian must sign this waiver if a dancer is under 18, before this registration will be accepted.

ACCEPT HERE:

Photo release: I give permission for the Boys Mentorship Highland Dance Program to use my photograph/video for publicity purposes. (No names will be used with these photos unless required. A new photo release would be requested at that time).

ACCEPT HERE:

IMPORTANT: FORWARD ALL REGISTRATIONS TO boysmentorship@outlook.com . YOU WILL RECEIVE AN INVOICE TO COMPLETE THE REGISTRATION PROCESS.